

## **Board of Directors Activity Agenda for EFPA for the 2025 – 2027 mandate**

### **Introduction**

This Activity Agenda outlines the planned work of EFPA for the 2025-2027 mandate. This planned work is strategically and consistently focused on the three areas of EFPA's Purpose, which are developing psychology, contributing to society and serving psychologists.

The planned work builds on the work of the previous 2023-2025 mandate yet brings a renewed focus on the needs and areas of interest of our Full Members (FMs), following the work planning and delivery model consultation exercise carried out in early 2025.

The proposals in this document are principally based on the analysis of topics considered important by FMs under “What Are Your Priorities?”; “What Products/Deliverables Would You Like from EFPA?”; and Under “On What Topics Do You Want to Exchange Experiences and Knowledge Between FMs?”, as set out in the document “Report Analysis Roundtables with FMs in Preparation of the EFPA Work Plan 2025-2027”. These and the proposed changes to the delivery model were discussed in the Council Meeting in Brussels of 14 May. Subsequent to the Council meeting a survey was sent to all FMs asking them to score the project proposals, indicating whether they will or will not use it in their association, and if yes, whether they really want it for their association. FMs were also asked to indicate whether or not they would take an active part in the exchange proposals, considering if it is genuinely useful for their association, whether they need it and will benefit from exchanges in the areas.

In this document, in addition to the projects and exchanges, specific initiatives are also included, which both address priorities of the FMs as expressed in the above exercise, and progress aspects of EFPA's ongoing agenda such as EuroPsy.

Projects will be specified and then set up using an appropriate delivery vehicle (for example Ad Hoc Working Group, partnership with other organisation(s) in the field, other external partners such as EU funding consortia).

Work will be phased during the mandate according to the prioritisation indicated by the scoring of the proposals and delivery capacity available.

The following sections set out the planned activities for the 2025/2027 mandate, grouped under the relevant area of EFPA's Purpose (Developing Psychology, Contributing to Society, Serving Psychologists), and type of initiative (Projects, Exchanges, Special Initiatives).

## A. Contributing to society

**Contribute to society;** i. Contribute psychological theory and practice to quality of life including health and wellbeing of people living in Europe and to a democratic and prosperous society;  
ii. Represent psychology at the European level, and contribute psychological science to European policy development

### I. Contribute psychological theory and practice to quality of life including health and wellbeing of people living in Europe and to a democratic and prosperous society

In the 2025/2027 mandate, EFPA will continue to contribute to society through advocacy related activities, focusing our contribution within our fields of action on aspects that are currently of primary interest for our Full Members.

The section below lists the topic areas and the series of projects and specific initiatives to be implemented in the 2025-2027 mandate:

- a. **Public Health and Well-being:** Promotion of mental health and well-being across society, especially in schools, workplaces, and the broader community, was a consistent priority and advocacy for the active role of psychologists in improving public (mental) health was emphasized, particularly regarding accessibility to mental health services in primary care and educational settings.

#### **Project 1:**

*A policy paper for use at the national and municipal level setting out 2-3 evidence based approaches to mental health support for children and young people in schools, both whole school and individually targeted. To include the role(s) psychology play, using 2-3 country level examples.*

#### **Project 2:**

*Identify 2-3 national examples of improving public accessibility to mental health services in primary care and educational settings, and write up the examples. Use as examples to develop existing policy asks*

- b. **Climate Change:** Several FMs expressed concern about the societal impact of climate change and its relevance to psychology, particularly in terms of mental health and coping strategies.

#### **Project 3:**

*A set of (six to seven) short statements as policy asks for use at the EU and national level, taken from the evidence base in the EFPA opinion paper “Climate Crisis and the Human Factor: 10 Psychological Keys to Unlocking Climate Action | EFPA”. Policy asks to be used by a European Psychology delegation to a UNFCCC COP using EFPA’s new accreditation. + to be used also by FMs if interested.*

- c. **Democracy and Equality:** Topics related to social justice, diversity, inclusion, and the role of psychologists in promoting democratic values were mentioned.

**Specific Initiative 1:**

*Democracy: Commission a special issue of European Psychologist focused on systematic reviews / meta analysis to explore the evidence base for the relationship between democratic values and citizen wellbeing.*

**Specific Initiative 2:**

*Equality: Handbook (inter)cultural Psychology. Interlinking Theory, Practice and Application) as part of the Hogrefe / EFPA book series.*

**Specific Initiative 3:**

*Misinformation thought errors, and information warfare: Commission a special issue of European Psychologist focused on systematic reviews / meta analysis to highlight the evidence base; and of EJPO to bring forward new empirical work on misinformation and strategies to combat it.*

- d. **Migrant Integration:** In several ways, FMs expressed the importance of addressing challenges re migrant movements, particularly in terms of adaptation, identity, and social inclusion.

**Specific Initiative 4:**

*Migrant Integration: Commission a special issue of European Psychologist focused on systematic reviews / meta analysis to highlight the evidence base related to successful practice to address challenges related to migration, particularly in terms of adaptation, identity, and social inclusion.*

- e. **Digitalisation and technology:** In several ways, FMs expressed interest on the impact of digitalisation on psychology, including the use of telehealth, teleconsultation, and artificial intelligence (AI), challenges related to the ethical implications of these technologies in practice.

**Specific Initiative 5:**

*EFPA's policy position on digitalisation and AI (six policy asks) will be widely used in our advocacy work and disseminated.*

**Specific Initiative 6 (committed if funding comes through otherwise cannot proceed):**

*Digital Navigator (if Erasmus funding comes through) - This project proposes a structured, accessible training program for psychologists to develop competencies as digital navigators. These specialists will guide both mental health professionals and patients in effectively using digital tools, ensuring ethical, personalized, and efficient mental health care.*

## II. Represent psychology at the European level, and contribute psychological science to European policy development

In the 2025/2027 period, EFPA will refine its advocacy framework to focus on these main channels:

- **European Institutions:** Engage with European institutions and policy makers on policy areas of relevance for EFPA fields of action. Particularly, EFPA will Work with the European Parliament Intergroup for Mental Health on developing its agenda for mental health. In relation to working with the Intergroup, EFPA will integrate into the work raising awareness of the potential harm caused by misinformation, particularly in sensitive areas such as eating disorders, trauma, and other psychological domains; and the importance of promoting trust in licensed professionals and protecting the public from pseudoscientific claims.
- **Partnering with other European organisations:** Continue partnering with other organisations at the European level with which EFPA has existing relationships and build relevant new connections. Notably, but not only: GAMIAN Europe, European Psychiatric Association (EPA), Mental Health Europe (MHE), World Health Organisation (WHO) European Region.
- **National Co-operation:** Co-operate in areas of EFPA relevance where FM(s) have already developed national advocacy and other materials and a sufficient grouping of FMs wish to cooperate at the European level. Link national and European level advocacy through some programming of the European Semesters to coincide with EU Presidencies.
- **European Congresses:** Encourage relevant themes/ streams and submissions and plans for main stage flagship events at both upcoming European Congress of Psychology and in the early plans for the succeeding one.
- **International Co-operation:** Co-operate with our MoU partner psychology organisations the International Union of Psychological Science (IUPsyS), and International Association of Applied Psychology (IAAP). Collaborate with the American Psychological Association (APA) in particular through our joint UN Geneva collaboration with the Federation of Swiss Psychologists.

## B. Developing psychology

**Develop psychology:** i. Develop psychology education, science, and professional practice;  
ii. Promote the dissemination of psychological knowledge, to develop a clear image of psychology and make it accessible, useful and respected

### I. I. Develop psychology education, science, and professional practice

In the 2025/2027 mandate, EFPA will:

**a) Focus on the following areas in relation to EuroPsy:**

- Promotion of EuroPsy standards across Full Members

Engagement by the European EuroPsy Committee (EEC) will be deepened with all FMs being engaged in a discussion around promoting the EuroPsy Standard. In particular a dissemination plan for EuroPsy among European Universities in countries where there is a National EuroPsy Committee will be designed, in collaboration with the National EuroPsy Committees (NEC)s. This will include an assessment of the feasibility of linking EuroPsy to national accreditation standards and mechanisms where they exist.

**Project 4:**

*An assessment of the feasibility of engaging universities with EuroPsy by linking to existing national accreditation standards and mechanisms.*

- Fields of Practice

A proposal will be prepared by the EEC, Executive Director and Board of Directors of how to map and achieve consensus on the main fields of practice across European Psychology. This will help to promote a consistent understanding of the profession across Europe. It will support the development of the EuroPsy Standard by encouraging convergence on training and education standards for these fields of practice. It will enhance efficiency and consistency by having an overall top down approach to this topic as opposed to the current piecemeal and on demand approach that gives rise to difficulties and potentially inconsistencies in decision making due to the absence of an agreed overview of the field. Funding and partnerships will be explored as needed.

There will be a focus on developing Sport Psychology as a field of practice. If approved by the 2025 General Assembly, the field of Practice for Community Psychology will be defined.

**Project 5:**

*Overview of the main fields of practice across European Psychology: The initial output will be a short (three thousand (3000) words /approximately six (6) pages of text) proposal document and outline plan, to include whether EU funding can be accessed and university partnership(s) entered into, to do the work.*

**Project 6:**

*Sport Psychology: A plan to grow Sport Psychology as a Field of Practice across Europe will be prepared by the EEC with specialist Sport input, engaging with the National EuroPsy Committees suggesting key steps to be taken in each country.*

**Project 7:**

*Community Psychology: If the proposal to be put to the General Assembly 2025 is agreed, the field of practice will be defined. The expected output will be the definition of the field of practice and functional competences as related to this field of practice, to be approved as an addition to the Regulations by the 2027 General Assembly.*

- **Specialist Standards and Certificates:**

The EEC will promote the Specialist Standards and Certificates for Psychotherapy; Work and Organisational Psychology; Sport Psychology and Clinical Neuropsychology across the National EuroPsy Committees. Information and good practice exchange regarding the promotion of Specialist Standards between NECs will be supported.

There will be particular focus on developing Clinical Neuropsychology and Sport Psychology.

Work will also be progressed on a proposal for a Specialist Standard and Certificate in Educational Psychology.

**Project 8:**

*For Clinical Neuropsychology, promoting, monitoring, and evaluating specialist standards for the new specialism of Clinical Neuropsychology will be supported (e.g. support needs will be assessed in relation to provision of training programmes). The expected output will be a plan resulting from engagement with each NEC in relation to national clinical neuropsychology training provision and needs.*

**Project 9:**

*Depending on sufficient interest in the field of practice for the Specialist Standard and Certificate for Sport Psychology, the functional competences for the specialism will be developed (to be approved as an addition to the Regulations by the 2027 General Assembly).*

**Project 10:**

*The proposal for a Specialist Standard and Certificate in Educational Psychology will be progressed in accordance with the revised (streamlined) Guidelines.*

*If supported following consultation with Full Members and after discussion in the Council, the Specific Minimum Education and Training Requirements, and Competences to be demonstrated for the Specialist Standard and Certificate in Educational Psychology will be developed, to be approved for addition to the Regulations by the 2027 General Assembly.*

**b) Foster professional development and education**

**Project 11:**

*Using WHO guidance as the baseline: Guideline on the role of psychology in management of (societal) emergencies and preparedness, focusing on the role psychologists can play.*

**Exchange 1 : Enhancing Professional Development and Conduct:****Covering the following main topics**

- Supervision: Using EuroPsy Standards as a baseline, exchange knowledge on enhancing how supervision is implemented and fostered in both training and ongoing in independent practice.
- CPD: using EuroPsy Standards as a baseline, consider the appetite for and feasibility of establishing a European delivery framework for CPD, with emphasis on creating relevant, high-quality training opportunities for psychologists.
- Ethics: Ways to achieve a continued focus on ethical standards in practice.

**c) Build on the work of the 2023-2025 mandate in relation to psychological testing:****Project 12 (funding being sought):**

*Update the Test User Standards in the form of EFPA Test User Levels 1, 2, & 3 - branded under 'EuroTest'. These standards were last reviewed in 2011.*

**II. Promote the dissemination of psychological knowledge, to develop a clear image of psychology and make it accessible, useful and respected**

In the 2025/2027 mandate, EFPA will:

**a) In relation to our academic publishing partnership with Hogrefe:**

- Work with the publisher specifically to link our advocacy work and scientific publications in the journals European Psychologist and European Journal of Psychology Open, including on new special issues which are aligned with EFPAs agenda and which connect both the review and empirical journals.
- Work with the publisher for ways to increase accessibility and public utility of scientific publications.
- Implement the books' framework agreement with Hogrefe, developing an initial pipeline of say 2-3 books in progress on topics of relevance to EFPA.

**b) In relation to the European Congresses of Psychology:**

- Support the organisation of the European Congress of Psychology 2027 with main stage events for ECP2027 that disseminate psychological knowledge in a way that supports EFPA's advocacy work and engage the European Institutions and partner organisations.
- Support the development of early plans for ECP2029 and ECP2031.

**c) In relation to our role in EU Funded projects:**

- EFPA will continue to engage with potential partners to co-apply for public funded projects, where EFPA can contribute to disseminate results and develop policy recommendations from the psychology community.

**Specific Initiative 7:**

*Deliver on EFPA work package(s) for EU funded awarded project REMESOS: Resilient and Mentally Healthy Societies. EU4Health. EFPA is a member of a Consortium led by EuroHealthNet.*

## C. Serving Psychologists

**Serve Psychologists;** i. Support the development of its Full Members and their activities at the national level; and  
ii. Enhance the standing of the profession and its legal status at the European level, building a European professional identity based on common values and goals, equality, diversity, inclusion, multi and interculturalism, mutual respect and collaboration, mobility, and service to society.

### I. I. Support the development of its Full Members and their activities at the national level

In the 2025/2027 mandate, EFPA will:

- a) Support national driven initiatives from a European angle.

Initiate the organisation of the European Semester of Psychology, when appropriate in line with the Calendar of upcoming [Presidencies of the Council of the European Union](#), achieving a balance with non-European Union Countries.

Upcoming European Semesters:

- July to December 2025: Budapest, Hungary
- January to June 2026: Lodz, Poland
- January to June 2027: to be determined

- b) Support FM leadership needs for learning and sharing, exchanging views on problems, solutions they have tried, work they are doing, with European peers.

#### **Exchange 2: Strategic Development of Associations:**

Covering the following main topics:

- Knowledge exchange on how to successfully implement organisational transformation and change.
- Share ideas on to engage young professionals and students more actively in the development of the profession through mentorship, education, and volunteering opportunities.
- Learning how to succeed in political advocacy.
- Establish a common position on the role of AI in psychology, and how digital tools and AI are affecting the profession.

- II. Enhance the standing of the profession and its legal status at the European level, building a European professional identity based on common values and goals, equality, diversity, inclusion, multi and interculturalism, mutual respect and collaboration, mobility, and service to society.

In the 2025/2027 mandate, EFPA will work to achieve recognition for the profession and greater clarity of regulation by following up legislative initiatives related to the regulation of professional standards and mobility.

### **Exchange 3: Regulation and Recognition of the Profession:**

Covering the following main topics:

- Regulation of Psychology as a Recognised (Health) Profession: Ways to achieve clearer recognition of psychologists as (health) professionals. Approaches to defining professional activities and boundaries. Whether and if yes among which countries to develop / progress plans for prescribing rights.
- Legal and Regulatory Frameworks: Sharing examples of helpful legal and regulatory frameworks to support the profession. Discussing and ways of harmonising / controlling standards across Europe to ensure consistent quality.